

Agenda Item # 21a  
Date 9/21/22



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Dodge County Dept

# NIRMA's Safety Shorts

## General Safety, Highway, & Law Enforcement

September, 2022 - Volume 10, Number 9

### September 13th Is Positive Thinking Day

September 13th is all about attitude... a positive attitude. "Positive thinking reaps a lot of benefits. Studies show that positive thinking is not just good for our emotional well-being, but also our mental health. It has the power to reduce the risk of heart diseases and alleviate stress and anxiety. Studies have also shown that positive thinking can increase a person's life span and keep them healthy for a longer period. In fact, positive thinking is so crucial to your body, that it can help build immunity and resistance towards minor illnesses such as the common cold."

Source: <https://nationaltoday.com/positive-thinking-day/>

September's quote: "It takes just a moment to change your attitude. And, in that quick moment, you can change your entire day." – Author Unknown

### NIRMA's Self Defense for County Officials Conference

**October 20-21, 2022 Younes Conference Center North, Kearney, NE**

Our 2022 lineup features nearly 19 hours of educational sessions and other provoking content that will motivate and re-energize you to return to work with a stronger sense of purpose and positive mindset.

#### Something New this Year: NIRMA IT Help Desk

Need some hands-on assistance with our members-only online tools? Stop by the registration desk on Wednesday afternoon. NIRMA staff members will be on hand with laptops, ready to help. They can answer questions about the Origami software or show you how to navigate the Interact Portal section of our website containing helpful resources like

manuals, forms, training modules, and the eRisk Hub for cyber security.

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## Avoiding Deer-Vehicle Collisions

Todd Duncan, Law Enforcement and Safety Specialist

Slow down and be aware—especially at dawn and dusk and in the fall. When we think of fall in Nebraska we think of Husker football, cooler weather, and fall colors. Fall also marks the beginning of deer breeding season, hunting season, and shorter daylight hours. As a result, there will be a significant ...



[Read more](#)

## ANSI Updates to First Aid Kit Standards



By Chad Engle, Loss Prevention and Safety Specialist Manager

The American National Standard for Minimum Requirements for Workplace First Aid Kits and Supplies has been revised. The revised standard was approved on April 15, 2022 and will go into effect on October 15, 2022. The American National Standards Institute/International Safety Equipment Association standard Z308.1 – 2021 is the sixth revision ...

[Read more](#)

# Your equipment might be ready, what about you?

By K C Pawling, Road Safety and Loss Prevention Specialist

September already. I really don't know if it is just me, but I certainly feel like Fall has arrived a little sooner than it typically does. Yes, I know that is not possible but again, it sure feels like it. With Fall sneaking in and my habit of forward thinking, ...



[Read more](#)

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## ATTENTION NIRMA CONTACT PERSONS

NIRMA maintains an extensive database containing the names of officeholders, their mailing addresses, email addresses and telephone numbers. This information is used when sending out this monthly Safety Shorts newsletter, our monthly **Interchange** magazine, periodic mailings, or when it is necessary to contact someone directly.

Next time a change occurs in your county or agency, please forward your updated information to Pat Clancy at [pat@nirma.info](mailto:pat@nirma.info).

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